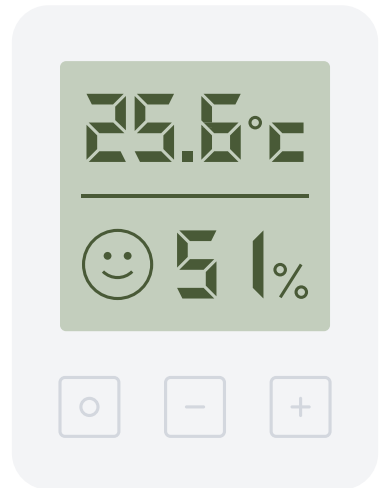


CORNWALL HOUSING

cornwallhousing.org.uk

Hygrometer an easy guide

A hygrometer is a handy tool that measures the amount of water vapour (humidity) in the air. Air can only hold so much water vapour before it condensates into water. This can lead to damp and mould. Monitoring the humidity in your home can help you take steps to reduce it.



A CORNWALL
COUNCIL COMPANY

 cornwallhousing.org.uk

Place your hygrometer in the room where you want to monitor humidity

- It can be placed in any room. You can check the humidity in different rooms, and the difference that using a fan or opening a window can make.
1. Position your hygrometer at least 5ft (1.5m) above the ground. Don't put it in direct sunlight, near a window, air humidifier or extractor fan.
 2. Wait for 5 minutes so your hygrometer can adjust. Don't stand too close, as your breathing may affect the results.
 3. Read the numbers. If you have the dial version - the smaller dial measures the percentage of moisture and the larger dial measures the temperature of the room.

Keep readings in the green zone

- A room that reads between 40-70% humidity and 18-24°C has a comfortable level of heat and moisture in the air.

“With the heating types in our homes, and construction type and age of our homes, reducing humidity levels to 40-50% is the golden percentage figures for really halting mould growth.”

- Keep your readings in the green zone, by opening windows and trickle vents, closing bathroom and kitchen doors, avoiding tumble driers and not drying clothes on radiators.



If you would like this information in another format or language, please contact:

Cornwall Housing Ltd, Chy Trevail, Beacon Technology Park, Bodmin, PL31 2FR

Email: info@cornwallhousing.org.uk

Web: www.cornwallhousing.org.uk

Tel: 0300 1234 161



Cornwallhousing1

✓ Checked by residents